

Lesson 1

Further Learning, additional resources, and references

WELCOME TO THE COURSE

FURTHER READINGS

Book: Haines, A. & Frunkin, H. (2021) Planetary Health: Safeguarding Human Health and the Environment in the Anthropocene. Cambridge University Press: UK.

SOURCES

Slides 6 to 10:
Bewell Project. [Link](#)

Slides 11 to 13:
[The 8 EU core competencies of nurses. Directive 2013/55/EU Article 31](#)



Lesson 2

Further Learning, additional resources, and references

FURTHER READINGS

[Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation-Lancet Commission on planetary health](#)

[Planetary Health Alliance](#)

SOURCES

Slide 5:

[Life expectancy chart](#)

[Under 5 mortality chart](#)

[Population numbers](#)

Slide 6:

All charts from: Steffen, W., Broadgate, W., Deutsch, L., Gaffney, O., & Ludwig, C. (2015). The trajectory of the anthropocene: The great acceleration. SAGE Publications. [Link](#)

Slide 7:

Planetary Boundaries; Azote for Stockholm Resilience Centre, based on analysis in Richardson et al 2023. [Link](#)

More information on the doughnut model: Raworth, K. (2017). A doughnut for the anthropocene: Humanity's compass in the 21st century. The Lancet. Planetary Health, 1(2), e48-e49. [Link](#)

Slide 8, 11, 13:

Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation-Lancet Commission on planetary health. [Link](#)

Slide 9:

[Interactive version of the planetary health lens infographic](#)



Lesson 3

Further Learning, additional resources, and references

FURTHER READINGS

[AMEE Consensus statement](#)

[Planetary Health Education Framework](#)

SOURCES

Slide 4:

[Interactive version of the planetary health lens infographic](#)

Slide 5:

[ENRF Policy Brief “Nursing Planetary Health” Issue 5, November 2022](#)

[AMEE consensus statement: Planetary health and education for sustainable healthcare](#)

Slide 7:

Graphic from AMEE consensus statement



Lesson 4

Further Learning, additional resources, and references

FURTHER READINGS

Book chapter 10: "Food Systems and Land Use" in Haines, A. & Frunkin, H. (2021) Planetary Health: Safeguarding Human Health and the Environment in the Anthropocene. Cambridge University Press: UK.

[The Planetary Health Diet](#)

SOURCES

Slide 5:

Graphic on interconnection between planetary boundaries, health, and nutrition. [EAT lancet commission](#)

Slide 6:

[Statistic on food waste in the EU](#)

Food in the Anthropocene: the EAT-Lancet Commission on healthy diets from sustainable food systems. [Link](#)

Slide 9:

World Population projections UN. [Link](#)

Graphic of the planetary health diet. [Link](#)

Lesson 5

Further Learning, additional resources, and references

FURTHER READINGS

Book chapter 11: "The role of health professionals in fostering planetary health" in Haines, A. & Frunkin, H. (2021) Planetary Health: Safeguarding Human Health and the Environment in the Anthropocene. Cambridge University Press: UK.

[World Health Organisation. Air Pollution](#)

Course: Open WHO. [Air pollution and health: an introduction for health workers](#)

SOURCES

Slide 5:

Environmental inequalities. European Environment Agency. [Link](#)

Slide 6:

Health Impacts of Air Pollution. European Environment Agency. [Link](#)

Slide 7:

The European Air Quality Index. [Link](#)

Slide 8:

Graphic: Lake et al. (2017). Climate Change and Future Pollen Allergy in Europe

EEA. Pollen Allergies in Europe. [Link](#)

Slide 10:

ECDC. Disease Vectors in Europe. [Link](#)

Lesson 6

Further Learning, additional resources, and references

FURTHER READINGS

Wisner & Adams (2002) WHO guide on Environmental health in emergencies and disasters. [Link](#)

Video: The New York Times. How to stop the next pandemic. [Link](#)

SOURCES

Slide 4:

UNDDR. Disaster Terminology. [Link](#)

Slide 7:

WHO. Managing environmental health risks in emergencies. [Link](#)

Slide 8:

WHO. Building a skilled workforce to respond to emergencies. [Link](#)

Slide 9:

The Guardian. Greece Wildfires - a visual guide. [Link](#)

Slide 10:

The National News. Gernay's flood valley is braced to withstand future disasters. [Link](#)

Slide 11:

The Royal Society. Past and future decline and extinction of species. [Link](#)

Slide 12:

Video: The New York Times. How to stop the next pandemic. [Link](#)



Lesson 8

Further Learning, additional resources, and references

FURTHER READINGS

Lenzen et al. (2020) The environmental footprint of health care: a global assessment. [Link](#)

United Nations. Climate Change Resource Centre. [Link](#)

Health Care Without Harm. A global roadmap for healthcare decarbonization. [Link](#)

SOURCES

Slide 5:

Graphic from: Health Care Without Harm. Healthcare's climate footprint. [Link](#)

Slide 6:

The Greenhouse Gas Emissions Protocol. [Link](#)

Graphic from: Health Care Without Harm. Healthcare's climate footprint. [Link](#)

Slide 7:

Graphic from: Health Care Without Harm. A global roadmap for healthcare decarbonization. [Link](#)

Slide 8:

Green ICU [Link](#)

ANHE [Link](#)

Nurses Climate Challenge Europe [Link](#)

Slide 9:

Example: NHS Forest (UK) [Link](#)



Lesson 9

Further Learning, additional resources, and references

FURTHER READINGS

International Council of Nurses. Position statement on nurses, climate change, and health. [Link](#)

EFN. Position statements on “Nursing Planetary Health” and “Nurses Contribution to Tackle Climate Change”. [Link](#)

SOURCES

Slide 4:

Ipsos MORI Veracity Index (2019). Trust in various professions in the UK. from: Haines & Frumkin (2021). Planetary Health: Safeguarding Human Health and the Environment in the Anthropocene

Slide 8:

HEAL (Health and Environment Alliance). Campaigns. [Link](#)

Health Care Without Harm. Health Professional Advocates. [Link](#)

Health Care Without Harm. Mastering media interviews to promote climate and health. [Link](#)